

GET BACK ON TRACK

College of Arts and Sciences Advising
CASA...home to your academic success!

Carr EFA Building, Room 203

Office Hours: Monday – Friday 8:00 am – 5:00 pm

Open Advising Hours: Monday – Thursday 8:00 – 9:00 am and 4:00 – 5:00 pm

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vmo0352 www.fotosearch.com

Give a person a fish; you have fed them for today. Teach a person to fish; and you have fed them for a lifetime.” Author Unknown

Get Back on Track is a program for students in the College of Arts and Sciences who are on academic probation. Through a series of one-on-one sessions with a CASA advisor, you develop and execute a plan to return to good academic standing. The CASA advisor guides and encourages you as you define realistic academic goals, connects you with campus resources, and helps you identify and apply the skills you will need to achieve success. The Get Back on Track program is built on this foundation:

- **You have the potential to achieve success and avoid failure.**
- **You have control over actions and choices that lead to success.**
- **You can succeed if you have the will to succeed, and the only limits you face are the limits of your own efforts.**
- **Earning a university degree will enhance the quality of your life and will enable you to improve the lives of others.**

At the conclusion of the program you should be able to....

- Effectively utilize ASU resources and services.
- Plan your workload to meet deadlines.
- Track your grades in each course.
- Articulate some of your personal strengths and weaknesses.
- Confirm your choice of major and minor.
- Better understand your expectations of college.
- Develop greater confidence in your own abilities.

Additionally, you should know...

- ASU policies on academic standing and drop/withdrawal procedures.
- What impact your GPA has on financial aid and how dropping a course may affect your financial aid.
- How to calculate your GPA and what grades you will need to return to good academic standing.
- What classes to repeat for replacement grades.
- How your major and minor fit your interests and career plans.

Expectations and Responsibilities**I will...**

- Understand and effectively communicate university curriculum, policies, procedures and graduation requirements.
- Provide suggestions for using available campus resources and services and personal referrals to these sources when appropriate.
- Encourage, support and guide you as you gain the skills and knowledge necessary for success.
- Listen carefully to your questions and concerns.
- Maintain confidentiality and respect your individual values and choices.
- Be accessible during office hours and by appointment.

I expect you to...

- Be on time and attend all your advising sessions.
- Monitor your grade progress in each of your courses. Attend recommended tutoring and career counseling sessions and skills workshops. Utilize academic support labs/centers and follow through on other recommendations made by your academic advisors.
- Come prepared for each session with questions and/or topics to discuss.
- Read your ASU email at least 2-3 times a week.
- Use your time effectively.
- Ask for help when you need it.
- Accept responsibility for your decisions and actions

GET BACK ON TRACK

SCHEDULE

Session 1: Get Back on Track (Weeks 2-3 of the semester)

- Introduction
- Your questions and concerns
- ASU policies: academic standing, dropping courses, withdrawing from the university, and impact of GPA and course load on financial aid
- How Did I Get Here?
- What's different this semester?
- Setting Semester GPA Goals

Session 2: Where Do You Want to Go? (Weeks 5-6 of the semester)

- Your questions and concerns
- Follow-up on assignments and recommendations
- Identify courses to repeat for replacement grades
- Review grade status in each course
- School/Work/Life balance
- Major/Career Goals

Session 3: Are You on Track? (Weeks 8-9 of the semester)

- Your questions and concerns
- Follow up on assignments and recommendations
- Grade Review
- Program Evaluation